



# GUIDE TO THE CULTURE AND LEISURE LIFE IN COPENHAGEN



CITY OF COPENHAGEN

INTER-  
NATIONAL  
HOUSE  
COPEN-  
HAGEN



# GUIDE TO THE CULTURE AND LEISURE LIFE IN COPENHAGEN

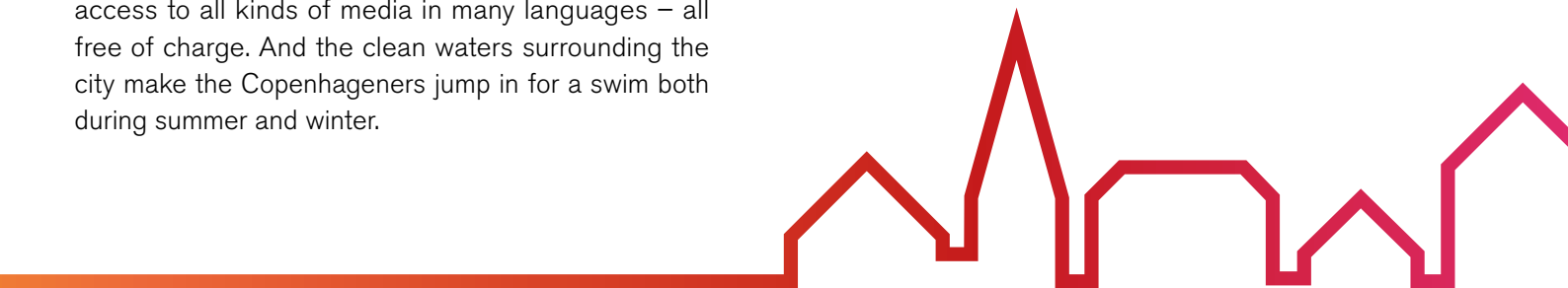
Dive into the harbour, bring your baby to the cinema or borrow books for free. Copenhagen is a vibrant city with a wide range of culture and leisure activities that are only waiting for you to join.

Culture and leisure activities are created for, with and by Copenhageners. They bring the local citizens together and contribute to making Copenhagen a nice place to live.











Culture houses are scattered all over the city and are open for everyone who wants to experience or get involved with theater, music, art, sports – or just enjoy a cup of coffee or a good meal. Public libraries provide access to all kinds of media in many languages – all free of charge. And the clean waters surrounding the city make the Copenhageners jump in for a swim both during summer and winter.

The Copenhageners engage themselves in the city and you can participate or do voluntary work without being fluent in Danish. The cultural and leisure activities in Copenhagen constitute a great opportunity to meet the Danes, to get to know them, their way of thinking and the way they use the city they live in.

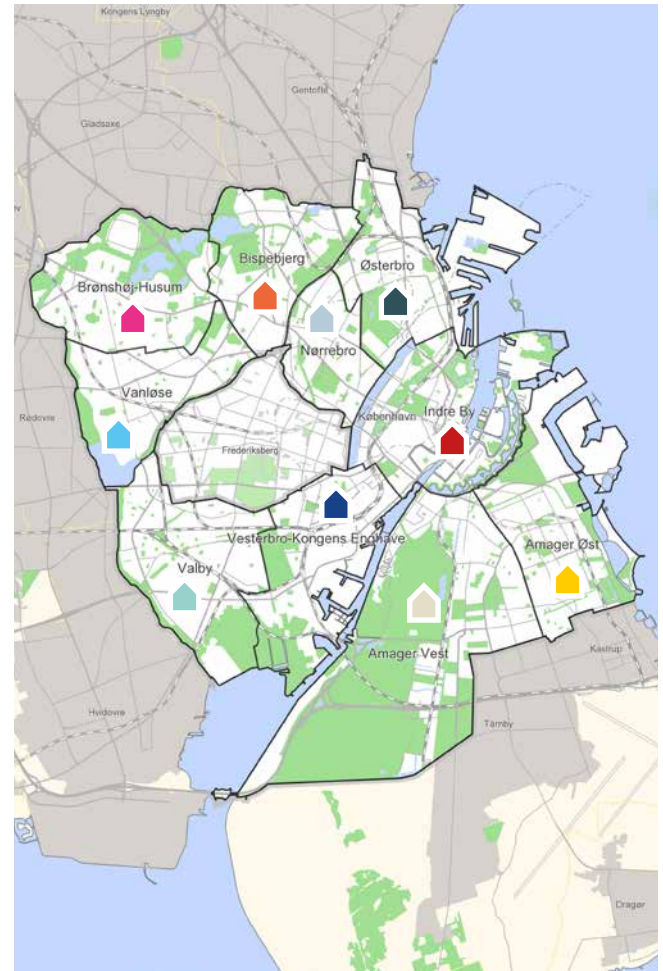
*Welcome to Copenhagen!*



# THE 10 CITY AREAS IN COPENHAGEN

-  Amager Vest / Amager West / Copenhagen S
-  Amager Øst / Amager East / Copenhagen S
-  Bispebjerg / Copenhagen NV
-  Brønshøj-Husum / Brønshøj
-  Indre By / City Center / Copenhagen K
-  Nørrebro / Copenhagen N
-  Valby
-  Vanløse
-  Vesterbro- Kgs. Enghave / Copenhagen V and SV
-  Østerbro / Copenhagen Ø

Note: Frederiksberg Kommune / Municipality is not a part of the City of Copenhagen.



# 10 INTERESTING FACTS ABOUT CULTURE AND LEISURE ACTIVITIES IN COPENHAGEN

## **CULTURAL VOLUNTEERING AT ØSTERBRO LIBRARY**

Østerbro Library offers a cultural volunteer program, the Copenhagen Cultural Network (CCN), where you can participate in the process of planning and organizing international cultural events. CCN is a network for foreign newcomers, especially the accompanying families of those coming to Denmark to work. The network provides numerous connections to the cultural life of Denmark and offers an excellent opportunity to get to know others in similar situations and to meet the Danes.

## **DRAWING CLASSES FOR CHILDREN, ADULTS AND FAMILIES AT THORVALDSSENS MUSEUM**

Thorvaldsens Museum offers drawing lessons and workshops for adults, families and children in Danish and in English as well. On the last Saturday of every month there are family workshops where a drawing instructor introduces visitors to various techniques.

## **'BABY CINEMA' AT ØSTERBRO LIBRARY**

These series of events are for parents with newborn babies. You are welcome to bring your baby and watch new DVD releases. The movies are screened with blunt sound and brightness, so it won't bother your baby. There are baby changing facilities, and you can buy diapers and warm up baby bottles. The event is free of charge, and the movies are in English or with English subtitles.

## **'THE MOSAIC' AT ØRESTAD LIBRARY**

At Ørestad Library there are two large digital displays called 'The Mosaic'. This is the virtual aesthetic profile of the library: a platform for communication and artistic installation through which the library and its users communicate about cultural activities and share knowledge and experiences. If you have any creative ideas, exciting photos or stories to share, you are welcome to bring them to the library, and your work / story can be part of 'The Mosaic'.

# 10 INTERESTING FACTS ABOUT CULTURE AND LEISURE ACTIVITIES IN COPENHAGEN

## **GUIDED TOURS TO EXCAVATION SITES AT GAMMEL STRAND ORGANIZED BY THE MUSEUM OF COPENHAGEN**

The last big metro line excavation at Gammel Strand is open to the public. Every day new knowledge and structures appear from the dirt, and you have a unique possibility to see the excavation site and hear about the finds. You can even try to wash some finds, if you like – or maybe your kids will. The museum organizes daily tours free of charge, some of which will be in English.

## **SAUNAGUS / SAUNA INFUSION SESSIONS AT MOST OF THE CITY'S PUBLIC SWIMMING POOLS**

SAUNAGUS is a form of sauna infusion / therapy based on 100% natural essential oils combined with storytelling. It lasts 60 minutes and it costs around 35 kroner on top of the entrance ticket to the swimming pool.

## **ICE SKATING RINKS AT TOFTEGÅRDS PLADS, AT GENFORENINGS PLADS AND AT ISLANDS BRYGGE**

There are three artificial ice skating rinks belonging to the City: one at Toftegårds Plads in Valby, free of charge. The second rink is Genforeningspladsen's Rink, which is the biggest artificial rink in Northern Europe. There are often competitions, but there is place for everyone. The place is very popular among families with small children. There is no entrance fee and you can rent skates here. The third rink is at Islands Brygge. Note: the rinks are open only in the winter season.

## **INTERNATIONAL PUTLOCK DINNERS AT ØSTERBRO LIBRARY**

Twice a year Copenhagen Cultural Network hosts an International Potluck Dinner, where you can enjoy different national dishes, entertainment, meet locals from your neighborhood and Expats from all over the world.

# CONTENTS

## FREE SWIMMING IN HARBOUR POOLS AND AT THE CITY'S PUBLIC BEACHES

Danes use their harbour pools both in the summer time and during winter. In Copenhagen there are three harbour pools: at Islands Brygge, Fisketorvet and at Sluseholmen. Besides, there are two beaches which belong to the city: Amager Beach and Svanemøllen Beach. At most of these pools and beaches you can winter bathe as well.

## INTERNATIONAL FILM CLUBS AT HUSET-KBH, WORLD CULTURE CENTER AND AT ØSTERBRO LIBRARY

There are international film clubs and film screenings in English or with English subtitles at several culture houses.

### CULTURE HOUSES

### LIBRARIES

### LEISURE CENTERS

### SWIMMING POOLS

### OUTDOOR SWIMMING

### MUSEUMS

### BE PART OF THE CITY

#### LITTLE DICTIONARY

**Culture House** > *Kulturhus*

**Library** > *Bibliotek*

**Leisure Center** > *Idrætsanlæg*

**Swimming Pool** > *Svømmehal / Bad*

**Harbour Pool** > *Havnebad*

**Beach** > *Strand*

**Association/Club** > *Forening/Klub*

**Volunteer Work** > *Frivilligt arbejde*



# CULTURE HOUSES

## GENERAL INFORMATION ABOUT CULTURE HOUSES IN COPENHAGEN

A Danish culture house can be compared to a community / culture center available to the local citizens. A place to attend culture and leisure activities, drink a cup of coffee or have a good meal. The City of Copenhagen has culture houses with activities for everyone, especially for families and children. Here you can find anything from yoga, music, dance classes to theater plays and flea markets.

### KULTURHUSET ISLANDS BRYGGE / ISLANDS BRYGGE CULTURE HOUSE

**Islands Brygge 18 - 2300 Copenhagen S**

#### 🏡 Amager Vest

Islands Brygge Culture House is an active and diverse cultural venues in Copenhagen. It hosts more than 400 culture events, meetings, conferences and parties every year. There are several associations and organizations that organize their own events as well, such as concerts, jazz nights, tango nights, dance shows, comedy shows, flea markets, theater plays, gymnastics and afrozumba for children.

### AMAGER KULTURPUNKT / AMAGER CULTURE CENTER

**Øresundsvej 6 - 2300 Copenhagen S**

#### 🏡 Amager Øst

Amager Culture Center is a cultural hub based on the cooperation between Amager Bio, BETA and some other associations. Amager Bio is one of Copenhagen's largest music scenes with around 125 concerts every year. The profile of Amager Bio is very broad, it varies from rock and blues to pop and electronic music especially from the Nordic countries. BETA is a small,

intimate venue which hosts mainly upcoming Danish and international bands / artists representing a range of genres from pop, rock and punk to indie and avantgarde music.

### KVARTERHUSET

**Jemtelandsgade 3 - 2300 Copenhagen S**

#### 🏡 Amager Øst

Kvarterhuset hosts a series of cultural events like exhibitions, concerts, theater plays, films, etc. You are welcome to visit and enjoy the different activities, organize your own event or hang out in their popular Café.

# CULTURE HOUSES

## **BØRNEKULTURHUSET SOKKELUNDLILLE / SOKKELUNDLILLE CULTURE HOUSE FOR CHILDREN** Utterslev Torv 9 - 2400 Copenhagen NV

📍 **Bispebjerg**

Sokkelundlille Culture House for children hosts a series of events within arts and culture, especially for children from the Bispebjerg area. There are many different, exciting activities and events such as music lessons, role play, theater plays, spoken word, etc. for children.

## **DANSEKAPellet / COPENHAGEN MUNICIPALITY CULTURAL CENTER FOR DANCE** Bispebjerg Torv 1 - 2400 Copenhagen NV

📍 **Bispebjerg**

The Center for Dance offers dancing lessons, yoga classes, theater performances, concerts, etc. for you and your children.

## **KULTURHUSET TOMSGÅRDSVEJ / TOMSGÅRDSVEJ CULTURE HOUSE** Tomsgårdsvej 35 - 2400 Copenhagen NV

📍 **Bispebjerg**

Tomsgårdsvej Culture House offers you different venues to rent and a variety of lessons to attend. Besides, it hosts a cozy ceramics workshop, where you are welcome to learn and to create your own works.

## **RENTEMESTERVEJ KULTURHUS OG BIBLIOTEK / RENTEMESTERVEJ CULTURE HOUSE AND LIBRARY** Rentemestervej 76 - 2400 Copenhagen NV

📍 **Bispebjerg**

This cultural complex has a lot to offer for you and your children: there are concerts, film and book clubs, theater plays for children, children film clubs, etc. Here you can find a library, culture house, citizen service, café and a concert hall all at one place. Moreover, there are several workshops as well, where you can improve your skills in painting, doing ceramics, design, etc.

## **KULTURHUSET PILEGÅRDEN / PILEGÅRDEN CULTURE HOUSE** Brønshøjvej 17, 2700 Brønshøj

📍 **Brønshøj-Husum**

Pilegården's goal is to provide a wide range of high quality cultural events like exhibitions, concerts, theater plays and films. There are more than 70.000 visitors every year. Besides the various cultural events, you can organize your own event, work out in the alternative fitness-center or use the ceramics workshop. Your children can attend music, drama and art lessons or use the robot workshop.

# CULTURE HOUSES

**CHRISTIANSHAVNS BEBOERHUS /  
CHRISTIANSHAVN CULTURE CENTER**  
**Dronningensgade 34 - 1420 Copenhagen K**  
📍 **Indre By (Christianshavn)**

Christianshavn Culture Center hosts a new exhibition every month, and twice a week there are concerts in the café within many genres like indie rock, experimental, electronic, folk, jazz, blues, etc. You are welcome to participate in these cultural events, hang out in the cozy café and use the rehearsal rooms and workshops (for ceramics, silk screen printing, sewing, beer brewing, etc.).

**HUSET-KBH**  
**Rådhustræde 13, 1466 Copenhagen K**  
📍 **Indre By**

Huset-KBH (or just 'Huset') is Denmark's largest culture house with over 1400 annual events spread across 7 diverse stages with everything from live music, theatre performances, stand-up comedy, spoken word and a small kitsch cinema. This venue contains special experiences for everyone. Huset-KBH is a great place for volunteers as well: here you can meet other Danish and international volunteers, and at the same time get a professional experience in various fields. Not that expensive and many free events.

**KULTURHUSET INDRE BY /  
DOWNTOWN CULTURE HOUSE**  
**Charlotte Amundsens Plads 3 - 1359 Copenhagen K**  
📍 **Indre By**

Downtown Culture House offers a wide range of events for its guests: there are tango and swing classes, theater for children, parties, flea markets, etc. Moreover, they host many different associations and clubs who organize their own events.

**LYGTEN STATION / LYGTEN CULTURE CENTER**  
**Lygten 2 - 2400 Copenhagen NV**  
📍 **Nørrebro**

Lygten is one of the city's most charming culture houses. It hosts several concerts, stand-up comedy shows and film nights.

**OSRAMHUSET**  
**Valhalsgade 4, 2200 Copenhagen N**  
📍 **Nørrebro**

Osramhuset is an active and open culture house, and it is part of the 2200Kultur cultural community. Its primary target groups are children, families, young people, schools and clubs. Together with many partner associations and volunteers, they organize a range of activities in the area of music, yoga and street art for children and young people. Moreover, Osramhuset hosts different events like concerts, theater plays, films and dance shows, which can be attractive for adults and seniors as well.

# CULTURE HOUSES

## **STØBERIET**

**Blågård's Plads 5 - 2200 Copenhagen N**

🏡 **Nørrebro**

Støberiet together with Blågårdens Library and the nearby leisure center, Korsgadehallen, form the cultural community known as BLÅGÅRDEN. The culture house has a cozy café where you can hang out and read newspapers and/or drink a cup of coffee, but it also hosts several cultural events like theater plays, movie nights, exhibitions, etc. both for adults and for children.

## **VERDENSKULTURCENTRET /**

**THE WORLD CULTURE CENTRE**

**Nørre Allé 7 - 2200 Copenhagen N**

🏡 **Nørrebro**

The World Culture Centre provides a creative platform for various cultural, social and political activities. In close collaboration with the ethnic cultural life of Copenhagen, it hosts events such as multicultural festivals, lectures, art-exhibitions, concerts, debates, screenings and conferences.

## **KRAFTWERKET**

**Valgårdsvej 2 - 2500 Valby**

🏡 **Valby**

KraftWerket is Copenhagen's 'embassy' for local young people. They train cultural entrepreneurs of the future, and they are the bridge between the City Council and youth from Copenhagen. The goal is to give young people the possibility to start their own projects, organize events and to be catalysts for political

change. Besides, KraftWerket hosts several cultural events all year round such as concerts, theater plays, film clubs, dancing and other activities for children and young adults.

## **PRØVEHALLEN**

**Porcelænstorvet 4 - 2500 Valby**

🏡 **Valby**

Prøvehallen is a combined theater scene (Teater V) and leisure center and it hosts several culture and leisure activities.

## **VALBY KULTURHUS / VALBY CULTURE HOUSE**

**Valgårdsvej 4-8, 2500 Valby**

🏡 **Valby**

Valby Culture House together with Prøvehallen, Valby Library, Vigerslev Library and Zone2 belong to the cultural community called Kultur Valby. The culture house hosts various cultural events like theater plays, slam poetry, photo exhibitions, etc. Prøvehallen is a combined theater and leisure center. Zone2 is a children's culture house where there are many activities within music, arts, theater, street dance and creative play for children. Besides, there are music and drama classes for children.

# CULTURE HOUSES

## **KULTURHUSET VANLØSE / VANLØSE CULTURE HOUSE**

**Frode Jacobsens Plads 4, 1. sal - 2720 Vanløse**

### **Vanløse**

Vanløse Culture House is part of Kulturstationen Vanløse together with Vanløse Library, Vanløse Spisehus, concert and meeting venues and a café. Here you can find around 1600 cultural events like concerts, spoken word, films, dance clubs, creative workshops and parties with more than 360.000 guests every year.

## **KARENS MINDE KULTURHUS / KARENS MINDE CULTURE HOUSE**

**Wagnersvej 19 - 2450 Copenhagen SV**

### **Kgs. Enghave**

At Karens Minde Culture House you can find live music concerts, comedy clubs, theater plays and you can practice yoga, Tai Chi, Qi Gong or dancing. You can also see exhibitions from various artists in the cozy Café Gallery.

## **VESTERBRO KULTURHUS (KULTURANSTALTEN) / VESTERBRO CULTURE HOUSE**

**Lyrskovgade 4, 2 th - 1758 Copenhagen V**

### **Vesterbro**

Vesterbro Culture House is part of the cultural community called Kulturanstalten together with Vesterbro Library, Sydhavn Library, Kulturstaldene in Halmtorvet and Børnekulturstedet. Here you can find a wide range of events and festivals both for adults

and children. There are events in the field of music, performing arts, fine arts, dancing classes and alternative cultural initiatives with around 700.000 visitors every year.

## **KRUDTTØNDEN**

**Serridslevvej 2, 2100 Copenhagen Ø**

### **Østerbro**

Krudttønden hosts a range of cultural events and activities such as concerts, theater plays, storytelling, workshops and exhibitions for both adults and children. There are around 400 events every year, and the purpose is to build a bridge between upcoming artists and professionals, and to engage many different groups of audiences.



# LIBRARIES

## GENERAL INFORMATION ABOUT LIBRARIES IN COPENHAGEN

The Copenhagen Libraries form the largest public library network in Denmark. The network consists of one main library and 19 branch libraries. Public libraries provide free access for everyone to all kinds of media including books, newspapers / magazines, music and films (CDs and DVDs), audio books and other online resources.

### ISLAND BRYGGE BIBLIOTEK /

#### ISLAND BRYGGE LIBRARY

**Njalsgade 15 - 2300 Copenhagen S**

🏡 **Amager Vest**

Library services include photocopying and printing facilities, scanning, Book a PC and reading groups.

### SOLVANG BIBLIOTEK / SOLVANG LIBRARY

**Remisevej 14 - 2300 Copenhagen S**

🏡 **Amager Vest**

Solvang Library is a vibrant meeting place for both adults and children and young people. Library services include a club for girls between 12-16, Book a PC, advice for young people, homework help, job advice, legal aid and reading groups.

### ØRESTAD BIBLIOTEK / ØRESTAD LIBRARY

**Arne Jacobsens Allé 19 - 2300 Copenhagen S**

🏡 **Amager Vest**

Ørestad Library is a combined public library and school library. Besides being a cultural hub providing information, education and cultural activities, the vision of Ørestad Library is to provide the citizens of the newly built Ørestad with a space for creativity and social activities. Library services include Library 'mapweb' (interactive map of the library), two 'Mosaics' containing elec-

tronic exhibitions that are often created by the guests of the library. Other facilities are photocopying, printing and Wireless Internet. Ørestad Library is a part of a newly developed area in Copenhagen, where many nationalities live and work.

### BIBLIOTEKSHUSET

**Rodosvej 4 - 2300 Copenhagen S**

🏡 **Amager Øst**

Bibliotekshuset is a small, cozy library. Library services include: reading groups, legal aid, photocopying, fax and printing facilities.

# LIBRARIES

## **SUNDBY BIBLIOTEK / SUNDBY LIBRARY**

**Jemtelandsgade 3 - 2300 Copenhagen S**

🏡 **Amager Øst**

Sundby Library is part of the cultural community known as Amagerbro Kultur. Library services include Book a PC, homework help, legal aid, printing and scanning facilities and reading groups.

## **RENTEMESTERVEJ BIBLIOTEKET / RENTEMESTERVEJ LIBRARY AND CULTURE HOUSE**

**Rentemestervej 76 - 2400 Copenhagen NV**

🏡 **Bispebjerg**

Rentemestervej Library and Culture House has library sections for children and young people and for adults, as well as workshops for sewing, graphics and for other activities. The building is well equipped with computers and has wireless internet on all floors. It hosts several cultural events such as concerts, spoken word, children's theatre, etc. Library services include KVIK Citizen Service, legal aid, homework help, conflict resolution, Book a PC and photocopying and printing facilities.

## **BRØNSHØJ BIBLIOTEK / BRØNSHØJ LIBRARY**

**Frederikssundsvej 175 - 2700 Brønshøj**

🏡 **Brønshøj-Husum**

Brønshøj Library is a bright and friendly library. Library services include help with homework for children every Thursday afternoon, NemID issued every Thursday, photocopying, fax and printing facilities.

## **HUSUM BIBLIOTEK / HUSUM LIBRARY**

**Frederikssundsvej 290 - 2700 Brønshøj**

🏡 **Brønshøj-Husum**

Husum Library is part of the cultural collaboration called 2700Kultur. Library services include Book a PC, Book a librarian, Language café, photocopying and printing facilities and reading groups.

## **TINGBJERG BIBLIOTEK / TINGBJERG LIBRARY**

**Ruten 14 - 2700 Brønshøj**

🏡 **Brønshøj-Husum**

Tingbjerg Library is the smallest library in Copenhagen, but it offers a wide selection of books, CDs and other materials. It is an attractive place for families and children e.g. Pippi Longstocking's house is an indoor playground for small children. Library services include Tingbjerg Library's girls club for girls between 11 - 15, Book a librarian, reading clubs, photocopying and printing facilities and Book a PC.

## **CHRISTIANSHAVNS BIBLIOTEK / CHRISTIANSHAVN LIBRARY**

**Dronningensgade 53 - 1420 Copenhagen K**

🏡 **Indre By (Christianshavn)**

Library services include photocopying and printing, Book a PC, guide to the cultural life and associations of Christianshavn and reading groups.

# LIBRARIES

## **HOVEDBIBLIOTEKET / COPENHAGEN MAIN LIBRARY**

**Krystalgade 15 - 1172 Copenhagen K**

### **Indre By**

The Main Library has a large collection of books, recordings, periodicals and international newspapers. You can access a variety of international databases from here as well. If you are thirsty or hungry, you can buy a cup of coffee, a sandwich or a cake at the library's Democratic Coffee Bar. This café offers a selection of books to read while you enjoy your refreshments. Events take place at Salonen, Intimscenen and sometimes at other locations on the ground floor. Library services include: KVIK Citizen Service, Book a PC, Book a librarian and photocopying and printing facilities.

## **BLÅGÅRDENS BIBLIOTEK / BLÅGÅRDEN LIBRARY**

**Blågårds Plads 5 - 2200 Copenhagen N**

### **Nørrebro**

Blågården Library is designed for young people: it offers a good selection of comic books, sci-fi and fantasy literature in English, computer games, chick lit books, a collection of LPs and a selection of educational literature. The library is connected to a cultural venue and café called "Støberiet". Library services include photocopying and printing facilities and Book a PC.

## **NØRREBRO BIBLIOTEK / NØRREBRO LIBRARY**

**Bragesgade 8b - 2200 Copenhagen N**

### **Nørrebro**

Nørrebro library offers more than 40.000 books, 2000 DVDs, 6500 CDs and 200 magazines and newspapers. There is a large children's section as well. Library services include "Snakkeklub" (Speaking club - practice your Danish), Book a PC, career advice for young people, family advice, homework help, legal aid and printing and scanning facilities.

## **VALBY BIBLIOTEK / VALBY LIBRARY**

**Annexstræde 2 - 2500 Valby**

### **Valby**

Valby Library has been recently renovated and it has a wide range of selection of books and other materials. Library services include photocopying and printing facilities, Book a PC, KVIK Citizen Service and free legal advice.

## **VIGERSLEV BIBLIOTEK / VIGERSLEV LIBRARY**

**Kirsebærhaven 23 - 2500 Valby**

### **Valby**

Vigerslev Library is an integrated public and school library. Library services include reading clubs, homework café, photocopying and fax and printing facilities.

# LIBRARIES

## **KULTURSTATIONEN VANLØSE / VANLØSE LIBRARY AND CULTURE HOUSE** **Jernbane Allé 38 - 2720 Vanløse**

### **Vanløse**

Kulturstationen Vanløse is a vibrant cultural meeting point. It consists of a spacious library, a cultural venue and a café, all in one building. Library services include The Democratic Corner, where you have the opportunity to meet representatives from various political parties, associations and other groups. Moreover, they offer homework help for children every Thursday, photocopying and printing facilities and Book a PC.

## **SYDHAVNEN BIBLIOTEK / SYDHAVNEN LIBRARY** **Wagnersvej 19 - 2450 Copenhagen SV**

### **Kgs. Enghave**

Sydhavnen Library shares the building with Karens Minde Culture House. The library has an extensive collection of magazines and weeklies on popular subjects and numerous professional journals. Library services include homework help, photocopying and printing facilities, Book a PC, free legal advice, knitting café, Book a librarian, Book a voluntary employment advisor, study room, reading clubs and a maternity café.

## **KULTURANSTALTEN VESTERBRO / VESTERBRO LIBRARY AND CULTURE HOUSE** **Lyrskovgade 4 - 1758 Copenhagen V**

### **Vesterbro**

In the same building you can find the library, Vesterbro Culture House and a cultural meeting place for children called

Børnekulturstedet. Over the years Vesterbro Library has hosted several events presenting young / upcoming writers from the area. Library services include Book a librarian, Book a PC, homework help and reading groups.

## **ØBRO JAGTVEJ BIBLIOTEK / ØBRO JAGTVEJ LIBRARY** **Jagtvej 227 - 2100 Copenhagen Ø**

### **Østerbro**

Øbro Jagtvej Library is part of the cultural community Kultur Østerbro. The Library offers a wide variety of experiences and services that include writing workshops, reading clubs, IT-courses, a children' section with computer games (including Nintendo Wii and X-box 360), photocopying and printing facilities, Book a PC, KVIK Citizen Service and reading groups.

## **ØSTERBRO BIBLIOTEK / ØSTERBRO LIBRARY** **Dag Hammarskjölds Allé 19 - 2100 Copenhagen Ø**

### **Østerbro**

Østerbro Library is part of the cultural community Kultur Østerbro. It is one of Copenhagen's oldest libraries where you can find a large number of magazines and journals. There is a large collection of English fiction and fantasy literature in Danish and English as well. This busy urban library with around 250,000 visitors a year hosts a range of cultural events such as concerts, artists' talks, authors' night and educational activities for both children and adults. Library services include photocopying and printing facilities, Book a PC, IT courses and much more.



# LEISURE CENTERS

## GENERAL INFORMATION ABOUT LEISURE CENTERS IN COPENHAGEN

There is a wide range of indoor and outdoor sports / leisure facilities in Copenhagen where you can play tennis, football, basketball, badminton or practice dancing, gymnastics – just to mention a few. Most of the facilities are open for everyone, so you can go there alone or with your family / friends / colleagues. However, some other facilities require that you join one of their clubs.

### **SUNDBY IDRÆTSPARK / SUNDBY LEISURE CENTER** **Englandsvej 61 - 2300 Copenhagen S**

🏡 **Amager Vest**

At Sundby Leisure Center you can play football, handball, volleyball, basketball, badminton, soft tennis and regular tennis. There are both indoor and outdoor facilities.

### **KLØVERMARKENS IDRÆTSANLÆG /** **KLØVERMARKENS LEISURE CENTER** **Kløvermarksvej 50 - 2300 Copenhagen S**

🏡 **Amager Øst**

At Kløvermarkens Leisure Center you can play outdoor football and cricket.

### **PRISMEN** **Holmbladsgade 71 - 2300 Copenhagen S**

🏡 **Amager Øst**

Prismen contains a sport arena, a culture hall, four smaller rooms, changing rooms, offices and an organic café. You are welcome to play badminton and volleyball, to climb on artificial climbing walls, dance or to participate in the various cultural events.

### **SUNDBYØSTER IDRÆTSANLÆG /** **SUNDBYØSTER LEISURE CENTER** **Parmagade 8 - 2300 Copenhagen S**

🏡 **Amager Øst**

Here you can find indoor facilities where you can play handball, football, basketball, badminton, volleyball (also for children) and floorball.

### **EMDRUPPARKENS IDRÆTSANLÆG /** **EMDRUPPARKENS LEISURE CENTER** **Nøkkeroselvej 23 - 2400 Copenhagen NV**

🏡 **Bispebjerg**

At Emdrupparkens Leisure Center you can play outdoor and indoor tennis or football. Note: It is necessary to be member of a club to use the facilities.

# LEISURE CENTERS

## **BELLAHØJ HALLERNE / BELLAHØJ LEISURE CENTER**

**Bellahøjvej 1, 2700 Brønshøj**

🏠 **Brønshøj-Husum**

At Bellahøj Leisure Center you can play badminton, indoor football, futsal, basketball, volleyball, etc.

## **TINGBJERG IDRÆTSPARK / TINGBJERG LEISURE CENTER**

**Ruten 2 - 2700 Brønshøj**

🏠 **Brønshøj-Husum**

At Tingbjerg Leisure Center you can play football, baseball, softball and rugby. Note: It is necessary to be member of a club to use the facilities.

## **HILLERØDGADE BAD OG HAL / HILLERØDGADE LEISURE CENTER**

**Sandbjerggade 35 - 2200 Copenhagen N**

🏠 **Nørrebro**

At Hillerødgade Leisure Center you can enjoy a public swimming pool and sauna or you can play football, volleyball, basketball, badminton, table tennis, etc.

## **KORSGADEHALLEN / KORSGADE LEISURE CENTER**

**Korsgade 29 - 2200 Copenhagen N**

🏠 **Nørrebro**

At Korsgade Leisure Center you can play football or practice martial arts, dancing or gymnastics.

## **NØRREBROHALLEN / NØRREBRO LEISURE CENTER**

**Nørrebrogade 208 - 2200 Copenhagen**

🏠 **Nørrebro**

Nørrebro Leisure Center is part of the 2200 Cultural Community, therefore it is both a leisure and culture center. Here you can play football, squash or badminton. You are also welcome to hang out in Café Le Rouge, to have lunch in the popular People's Kitchen or to 'sunbathe' on The Red Square during the summer.

## **VALBY IDRÆTSPARK / VALBY LEISURE PARK**

**Julius Andersens Vej 1 - 2450 Copenhagen SV**

🏠 **Valby**

Valby Leisure Park has a lot to offer both indoors and outdoors. Here you can play football, American football, handball, tennis, badminton, hockey and floorball.

# LEISURE CENTERS

## **VALBY HALLEN / VALBY LEISURE CENTER** **Julius Andersens Vej 3 - 2450 Copenhagen SV**

### **Valby**

Valby Leisure Center consists of three venues where you can play handball, badminton, volleyball, basketball, indoor football and frisbee.

## **GRØNDAL MULTICENTER** **Hvidkildevej 64, 2400 Copenhagen NV**

### **Vanløse**

This multi-center hosts both sports facilities, cultural events, and it also contains meeting venues, a café, a fitness center and a bowling center. Here you can play indoor football, basketball, handball, badminton, pool, table tennis, practice martial arts, mini golf, squash, 2v2, etc. You can also practice yoga, dancing, archery, fencing, boxing, gymnastics and many other activities.

## **VANLØSE IDRÆTSPARK /** **VANLØSE LEISURE CENTER** **Klitmøllervej 20 - 2720 Vanløse**

### **Vanløse**

Vanløse Leisure Center contains both indoor and outdoor facilities. Here you can play football and practice several indoor sports and fitness. Note: It is necessary to be member of a club to use the facilities.

## **BAVNEHØJ IDRÆTSANLÆG /** **BAVNEHØJ LEISURE CENTER** **Enghavevej 90 - 2450 Copenhagen SV**

### **Kgs. Enghave**

At Bavnehøj Leisure Center you can play handball, badminton, volleyball, indoor and outdoor football, or practice kick boxing. Note: You need to be a member of a club to be able to use the facilities.

## **COPENHAGEN SKATEPARK** **Enghavevej 80 - 2450 Copenhagen SV**

### **Kgs. Enghave**

At Copenhagen Skatepark you can attend skate boarding lessons or you can practice on your own in the indoor skatepark.

## **MOTORBANEN** **Ved Slusen 2 - 2450 Copenhagen SV**

### **Kgs. Enghave**

At Motorbanen you can practice motocross, supercross BMX and junior motocross, but you have to be member of one of the clubs.

# LEISURE CENTERS

## REMISEN

**Blegdamsvej 132 - 2100 Copenhagen Ø**

🏠 Østerbro

At Remisen you can play table tennis and badminton. Note: It is necessary to be member of a club to use the table tennis facilities.

## RYPARKENS IDRÆTSANLÆG /

### RYPARKEN LEISURE CENTER

**Lyngbyvej 110 - 2100 Copenhagen Ø**

🏠 Østerbro

At Ryparken Leisure Center you can play football, badminton, handball, tennis (indoor and outdoor), volley and fencing.

## SVANEMØLLEHALLEN /

### SVANEMØLLEN LEISURE CENTER

**Østerbrogade 240, 2100 Copenhagen Ø**

🏠 Østerbro

At Svanemøllen Leisure Center you can play badminton, futsal, squash, tennis, football, handball, basketball and volleyball. Note: If you are member of a club you can also practice boxing, kickboxing, 2V2.

## ØSTERBRO STADION OG IDRÆTSHUS /

### ØSTERBRO STADIUM AND LEISURE CENTER

**Gunnar Nu Hansens Plads 7 - 2100 Copenhagen Ø**

🏠 Østerbro

Østerbro Stadium is a combined football and athletics stadium and it hosts several clubs. In the leisure center you can play

indoor football, handball and volleyball, but it is necessary to be member of a club to use the facilities.

## ØSTERBROHUSET

**Århusgade 101-103, 2100 Copenhagen Ø**

🏠 Østerbro

Østerbrohuset hosts a wide range of leisure and cultural activities. Here you can play badminton, futsal, table tennis, basketball, volleyball, floorball, and you can practice dancing, gymnastics or play music in a practice room. Note: It is necessary to be member of a club to use the facilities.

## ØSTRE SKØJTEHAL /

### ØSTRE ICE SKATING RINK AND LEISURE CENTER

**Sionsgade 15 (ent. from Nyborggade), 2100 Copenhagen Ø**

🏠 Østerbro

Østre Ice Skating Rink is open for the public in the winter season, and you can rent ice skates as well. Here you can practice ice hockey and ice skating.



# SWIMMING POOLS

## GENERAL INFORMATION ABOUT PUBLIC SWIMMING POOLS IN COPENHAGEN

All swimming pools (except for the ones in Tingbjerg and Bellahøj) have 'Aquapunkt' and 'Saunagus'. Aquapunkt is a new form of training in water, especially good for people with Rheumatism. Saunagus is a form of aromatherapy and storytelling which takes place inside the sauna. You can go swimming by yourself, with your family, or you can join a club. You can also enjoy massage and fitness or jump into the water from one of the many diving boards at most of the city's public swimming pools.

### SUNDBY BAD / SUNDBY SWIMMING POOL

**Sundbyvestervej 50 - 2300 Copenhagen S**

🏡 **Amager Vest**

At Sundby Swimming Pool there is a swimming pool, a bubble zone and indoor and outdoor saunas.

### FRANKRIGSGADE SVØMMEHAL / FRANKRIGSGADE SWIMMING POOL

**Frankrigsgade 35 - 2300 Copenhagen S**

🏡 **Amager Øst**

Besides swimming, at Frankrigsgade Swimming Pool you can enjoy traditional and alternative sauna (infra red and aroma therapy sauna). At the same address you can find a fitness center as well.

### BELLAHØJ SVØMMESTADION / BELLAHØJ SWIMMING STADIUM

**Bellahøjvej 1-3, 2700 Brønshøj**

🏡 **Brønshøj-Husum**

Bellahøj Swimming Stadium has both indoor and outdoor pools. Besides swimming you can enjoy regular sauna and sauna aromatherapy (Saunagus). There are swimming classes for all ages including swimming for babies.

### TINGBJERG SVØMMEHAL / TINGBJERG SWIMMING POOL

**Skolesiden 2 - 2700 Brønshøj**

🏡 **Brønshøj-Husum**

Tingbjerg Swimming Pool is open for the public only in the weekends!

### HILLERØDGADE BAD OG HAL / HILLERØDGADE SWIMMING POOL AND LEISURE CENTER

**Sandbjerggade 35 - 2200 Copenhagen N**

🏡 **Nørrebro**

At the same address you can find a public swimming pool and saunas or you can play football, volleyball, basketball, badminton, table tennis, etc. at the leisure center.

# SWIMMING POOLS

## **VALBY VANDKULTURHUS / VALBY SWIMMING POOL AND CULTURE CENTER Julius Andersens Vej 1A - 2450 Copenhagen SV**

### **Valby**

At Valby Swimming Pool you can find pools with cold and hot water, a pool with a huge water slide and waterfall, enjoy hydro massage, traditional sauna, infra red sauna, aromatherapy sauna.

## **VESTERBRO SVØMMEHAL / VESTERBRO SWIMMING POOL Angelgade 4 - 1765 Copenhagen V**

### **Vesterbro**

At Vesterbro Swimming Pool you can enjoy the pool, regular and alternative saunas (infra red and aromatherapy sauna) and massage chairs.

## **EMDRUP BAD / EMDRUP SWIMMING POOL Bredelandsvej 20 - 2100 Copenhagen Ø**

### **Østerbro**

At Emdrup Swimming Pool you can swim, enjoy the sauna, bubble zone, hydro massage or attend swimming classes.

## **ØBRO-HALLEN / ØBRO SWIMMING POOL Gunnar Nu Hansens Plads 3 - 2100 Copenhagen Ø**

### **Østerbro**

At Øbro Swimming Pool you can find a 25 meters pool and Aquapunkt equipment for those preferring an alternative form

of training in water. At selected times there are diving boards and platforms. There is a shallow pool for younger children to practice and a 'baby' pool where parents can swim in warmer water with children up to the age of three. There are special sauna infusion sessions as well. At the spa area downstairs you can find steam rooms, a jacuzzi, infra red sauna, foot therapy pools, bath tubs and lounge area. At selected times there is also access to a warm water pool for bathing and relaxation.

## **DGI-BYEN VANDKULTURHUSET / DGI-BYEN SWIMMING POOL AND CULTURE CENTER\* \* - *an independent swimming pool***

### **Tietgensgade 65 - 1704 Copenhagen V**

### **Vesterbro**

DGI-Byen has several swimming pools for adults and children. There are pools with cold and hot water, jacuzzi, water trampoline, climbing wall, and several nights they organize activities like Aqua Show, Aqua Bike, Aqua Zumba, Aqua Fitness and Aerobics and Aqua Yoga. Moreover, as DGI-Byen is a combined swimming and culture center, it hosts parties, fashion shows, theater plays and film screenings, etc. as well.



# OUTDOOR SWIMMING FACILITIES

## GENERAL INFORMATION ABOUT OUTDOOR SWIMMING FACILITIES IN COPENHAGEN

The clean waters surrounding the city make the Copenhageners jump in for a swim both during summer and winter. In Copenhagen there are 3 harbour baths, 2 outdoor swimmingpools and 2 beaches.

### AMAGER HELGOLAND

Øresundsstien 11 - 2300 Copenhagen S

📍 Amager Øst

Amager Helgoland is situated at the Northern part of Amager Beach, and it consists of beach pools, a wooden deck for sun bathing, changing rooms, toilets, etc. It is open for the public during the summer season. However, if you are member of their winter bathing club, then you can also use the facilities winter time.

### AMAGER STRANDPARK / AMAGER BEACH

Øresundsstien 5 - Promenaden 1, 2300 Copenhagen S

📍 Amager Øst

Amager Beach consists of the 4,6 km long beach along Amager Strandvej, a 400 m wide lagoon and an island. The beach is open for the public in the summer season and it is free of charge.

### HAVNEBADET ISLANDS BRYGGE / ISLANDS BRYGGE HARBOUR POOL

Islands Brygge 14 - 2300 København S

📍 Amager Øst

At Islands Brygge Harbour Pool you can find an activity pool (75 meters long), a diving pool and two children's pools (1.2 meters or 0.3 meters deep). There are showers, but no changing facilities, and there are toilets 100 meters away. The pool is open for the public in the summer season and it is free of charge.

### BELLAHØJ FRILUFTSBAD /

### BELLAHØJ OUTDOOR SWIMMING POOL

Bellahøjvej 1-3 - 2700 Brønshøj

📍 Brønshøj-Husum

At Bellahøj Outdoor Swimming Pool you can find 2 x 25 meters pools, a playground with water pipes and a grass covered sunbathing area. The pool is open for the public in the summer season and prices are the same as in Bellahøj Swimming Stadium.

### BAVNEHØJ FRILUFTSBAD /

### BAVNEHØJ OUTDOOR SWIMMING POOL

Enghavevej 90 - 2450 København SV

📍 Kgs. Enghave

At Bavnehøj Outdoor Swimming pool there is a 25 meters pool, a children's pool, a playground, a pool for toddlers and changing facilities. Here you can enjoy swimming and sunbathing with your entire family. The pool is open for the public in the summer season and is free of charge.

### **HAVNEBADET FISKETORVET / FISKETORVET HARBOUR POOL**

**Kalvebod Brygge 55 - 1560 København V**

#### **🏠 Vesterbro**

At Fisketorvet Harbour Pool you can find an activity pool (50 meters long, 5 meters deep), a diving pool (5 meters deep) and a children's pool (0.7 meters deep). There are showers, but no changing rooms, and toilets are inside Fisketorvet Shopping Center. This pool is open for everyone in the summer season and it is free of charge.

### **HAVNEBADET SLUSEHOLMEN / SLUSEHOLMEN HARBOUR POOL**

**Ben Websters Vej 69 - 2450 København SV**

#### **🏠 Kgs. Enghave**

At Sluseholmen Harbour Pool you can find an activity pool, a diving pool (6 meters deep), a toddlers' pool (0.3 meters deep) and a children's pool (1.1 meters deep). There are public toilets and special facilities for people with physical disabilities. The pool is open for everyone in the summer season and it is free of charge. Winter time you can use the facilities if you are a member of their winter bathing club.

### **SVANNEMØLLE STRANDEN / SVANEMØLLEN BEACH**

**Strandpromenaden 30 - 2100 København Ø**

#### **🏠 Østerbro**

Svanemøllen Beach is a 4.000 square meters new beach with a 130 meters long pier. The beach is open for everyone in the summer season and it is free of charge.

# MUSEUMS

## GENERAL INFORMATION ABOUT MUSEUMS IN COPENHAGEN

The City of Copenhagen administrates three museums: The Museum of Copenhagen, Nikolaj Kunsthal - Copenhagen Contemporary Art Centre and Thorvaldsens Museum. You can read about them below. However, you will find several other museums in the city which you can read about at [www.kulturklik.dk](http://www.kulturklik.dk)

### **KØBENHAVNS MUSEUM / THE MUSEUM OF COPENHAGEN** **Vesterbrogade 59 - 1620 Copenhagen V**

#### **Vesterbro**

The Museum of Copenhagen wishes to kindle a desire for knowledge about the past, present and future of Copenhagen. It aims to present Copenhagen as a modern metropolis with a dynamic relationship to its cultural heritage. The museum acts as the local archaeological authority as well. Hence, it contributes to the future development of the city ensuring that development occurs while bearing cultural insight and public memories in mind, particularly in relation to locations that are historically relevant and that constitute the framework for contemporary and future everyday life.

### **NIKOLAJ KUNSTHAL / COPENHAGEN CONTEMPORARY ART CENTRE** **Nikolaj Plads 10 - 1067 Copenhagen K**

#### **Indre By**

Within the field of international contemporary art, Nikolaj Kunsthal - Copenhagen Contemporary Art Centre's exhibition profile focuses on art that reflects and addresses current political, social and cultural issues.

### **THORVALDSENS MUSEUM** **Bertel Thorvaldsens Plads 2 - 1213 Copenhagen K** **Indre By**

Thorvaldsens Museum hosts nearly all of Bertel Thorvaldsen's original models for sculptures. His drawings and sketches for sculptures and reliefs are also part of the museum's collection along with his extensive collection of paintings from his time and art works and objects from the Greek, Roman and Egyptian Antiquity. With its colourful and original design, the museum building situated in the heart of Copenhagen is a fantastic setting for Thorvaldsen's works and collections.



# BE PART OF THE CITY

## **GET INVOLVED IN CLUBS AND EVENING SCHOOLS**

There is a great tradition of creating and running associations, clubs and evening schools on a voluntary basis in Denmark. Many locals are members of a sports club and/or volunteer for different associations. Danish clubs and evening schools offer activities of all kinds – e.g. sports, music, drawing, ballet, theater and dance, just to mention a few. This is an excellent opportunity to meet new people with similar interests.

## **VOLUNTEERING**

In Copenhagen you can get involved in your local community by volunteering. This is a great way to expand your social network and improve your professional and personal skills. You can vol-

unteer in one of the many clubs and organizations, or at a local culture center. You can also join Cph Volunteers – a volunteer organization that helps with hosting prestigious international events in the city.

## **EVENTS AND FESTIVALS**

You will find lots of events and festivals in Copenhagen, especially during spring and summer. Some are more local to a neighborhood and others spread over the entire city. Regardless of where your interest lies – from opera, jazz, electronic, music to gastronomy, documentaries and outdoor dancing – there is something for everyone.



# BE PART OF THE CITY

## **GO BY YOURSELF OR BECOME A MEMBER?**

It varies from center to center whether you must be a member of a club to join the activity or you can choose to go by yourself/ with friends/family/colleagues. It is quite easy to become a member of a club - but you have to make the contact yourself or with help from the International House or the Culture and Leisure Center.

## **FREE OR FEE?**

Many activities are free of charge, for example participating in lectures and borrowing books at the libraries. Other activities - like swimming, playing squash and concerts - have a fee.

At [www.kk.dk/english](http://www.kk.dk/english) you will find links to all culture and leisure centers in Copenhagen.

## **HELP AND ADVICE?**

You are always welcome to contact the International House Copenhagen if you need advice to find the right activities for you. Read more at: [www.ihcph.dk](http://www.ihcph.dk)







CITY OF COPENHAGEN

**INTER-  
NATIONAL  
HOUSE  
COPEN-  
HAGEN**

**INTERNATIONAL HOUSE**

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The Culture and Leisure Administration  
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